



ZENO GO | Rechargeable Mini Massager

Train Harder. Recover Smarter.



User Manual

PRODUCT OVERVIEW

Thank you for choosing Portronics Zeno Go – your compact yet powerful solution for on-the-go muscle recovery. This user manual will guide you through the features, attachments, charging instructions, and safety precautions of your new mini massager. We recommend reading it thoroughly to make the most of your device.

SAFETY MEASURES

- Do not reach for massager if it has fallen into water, unplug immediately if charging.
- Do not use while bathing, in shower, or outside in inclement weather.
- Do not place or store massager where it can fall or be pulled into a tub or sink.
- Do not place in or drop into water or other liquid.
- Do not use massager without attachments.
- Do not carry massager by charging cable or use cable as a handle.

- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- Do not use this massager for more than 20 minutes at a time.
- Do not use massager in close proximity to loose clothing, jewelry and long hair.
- Never drop or insert objects into any openings on the massager.
- Never operate massager if it has a damaged charging cable, if it is not working properly, if it has been dropped or damaged, or dropped into water.

WHAT IS IN THE BOX

- Portronics Mini Massager
- Four Massage Heads
- Charging Cable
- Carry Case
- User Manual

PRODUCT DIAGRAM



PRODUCT SPECIFICATION

Massager Measurements : 5.6 X 3.2 X 1.8 In
Massager Weight : 453.5 gm
Hease : Round, Flat, Preoision, Dual
Battery Type : Lithium-ion Battery
Battery Capacity : 7.4V 2000mAh
Charging Time : 4 Hours
Working Time : Upto 6 Hours
Input : 5V/ 2A

USE IT THE WAY YOU WANT

- Mobility & Flexibility
- Pre-workout warm-up
- Post-workout recovery
- Sore muscle relief
- Improved Blood Circulation
- Joint pain relief
- Myofascial release
- Trigger point massage
- Relaxation

HOW TO OPERATE

A. MESSAGE HEAD INSTALLATION

- Make sure message device is OFF before inserting any message bits into the massager stem.
- Choose the message head that works for you.
- Carefully insert connecting end of the message bit Into the massager stem.
- Make sure the attachment is fully inserted in place before use.
- To remove a massage bit, hold each side of the bit and pull off.

B. CHARGING INSTRUCTIONS

- Plug the Type-C end of the charging cable into charging port on the massager. Then plug the other end into a USB power adapter.
- LED light will flash around base of massager while charging, a fully charged LED light will remain stable.
- Fully charge the device when using for the first time.
- Indicator light will flicker when battery power is low.
- The average runtime of the massager is up to 6 hours depending on speed and pressure levels.

Note : Complete charging time takes an estimated 4 hours. Device will not work while it is charging.

C. SWITCHING ON & OFF

- Press and hold the ON/OFF button for three seconds to turn the massager ON. The level 1 indicator on the control panel will illuminate and the massager will begin to vibrate.
- To turn OFF, press and hold ON/OFF button for three seconds.
- Short press the cycle through 4 low to high intensity levels.

D. STEPS TO USE

- Once tured ON the massager will start ON at the lowest speed.
- Press the power button again to taggle between four speeds.
- Glide the device across soft tissues and tendons, gradually applying light to moderate pressure as needed.
- Press and hold the power button for 3 seconds to tum the massage OFF.
- The massager will automatically turn OFF, after 5 minutes of inactivity.
- The massager will also go OFF after 15 minutes of continuous use.

MAINTENANCE TIPS

- To keep this device in its pristine condition, wipe its surface with a slightly damp towel and dry it with a soft cloth. Keep the device away from liquids and heat.
- "If the device is not used for a long time, it must be charged once every 3 months, otherwise it will reduce the battery life of the product.



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