

尺寸: 105*142mm



User Manual

PORTRONICS

ZENO L

Rechargeable Leg Compression Massager

Precautions

- Do not use the massager for extended periods to avoid muscle strain from overuse.
- Do not disassemble it yourself. If damaged, ensure repairs are carried out by authorized personnel only. Unauthorized disassembly or repair will void the warranty.
- Do not use in humid places or near water/liquids.
- After use, store in a dry place away from sunlight and heat.
- Keep away from flammable/explosive substances and chemical solutions.
- Do not cover the product with cloths or objects during use—it may cause overheating or damage.
- Stop using immediately if you feel discomfort or notice abnormalities.
- Use only at recommended intensity levels. Avoid continuous use for too long.
- Keep out of reach of children.
- Use only on legs and feet (not on other body parts).
- Use only the supplied charging cable.
- Do not use the massager while charging.
- The fabric cover is not washable. Clean only with a soft cloth.
- For first-time use, charge fully before operating.

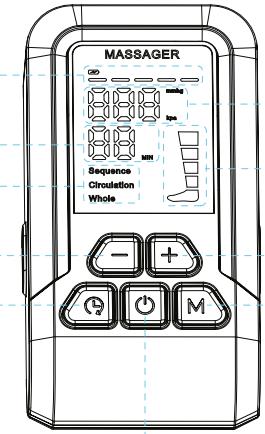
Do Not Use This Product If

- You are pregnant.
- You suffer from skin infections, redness, swelling, or rashes.
- You have serious medical conditions or cardiovascular problems.
- You have weak or fragile bones.
- You use a pacemaker or other implanted medical devices.
- You wear external medical aids such as prosthetic limbs.
- You have high blood pressure or abnormal circulation.

Product Description

Product information

Charging voltage	5V==2.4
Battery capacity	2x 2000mAh



Power Indicator

Time display / working cycle

Mode display

Intensity -

Intensity +

Timer Key

Mode Key

Air pressure value display / gear prompt / abnormal prompt

Press Position Indicator

Power key / pressure unit

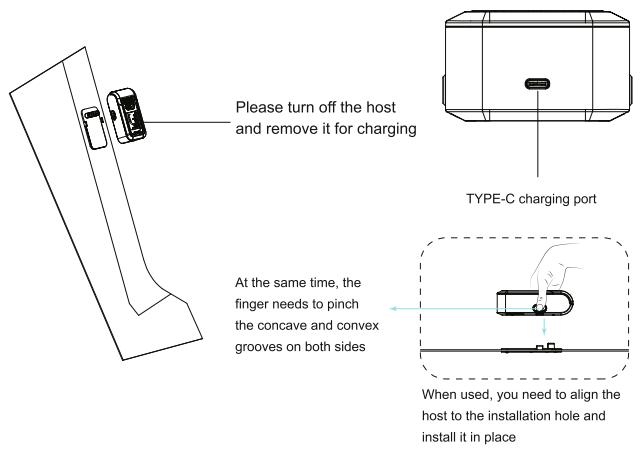
Charging & Power Display

Detach the Control Unit

1. Before charging, always remove the Control Unit (host) from the cloth sleeve.
2. Do not attempt to charge the device while it is still inside the sleeve.

Connect the Charger

1. Use only the supplied Type-C charging cable.
2. Align the connector properly and insert it into the charging port of the Control Unit.
3. Make sure it is firmly seated in place.



Charging Status

1. **Battery level:** 5 green indicator lights display remaining power.
2. **Low battery:** Power symbol flashes.
3. **While charging:** Indicator shows charging progress.
4. The product cannot be used while charging.

Safety Note

1. Always power OFF before charging.
2. Do not use third-party charging cables.
3. Ensure the charging port is dry and clean before connecting.

How to Use ?

1. Power On / Off

1. Press and hold the Power button to turn the device ON/OFF.
2. Short press the Power button to switch the air pressure unit (kPa / mmHg).

2. Set the Timer

1. Press the Timer button to select a working cycle: 10 min / 20 min / 30 min.
2. Default time is 20 minutes.
3. Keep pressing to toggle between durations.

3. Select Massage Mode

1. Press the Mode button "M" to Switch.
2. Long press "M" to exit fixed-point mode if enabled.

4. Fixed-Point Massage (Targeted Area)

In fixed-point mode, press the Mode button again to select a specific airbag.

After 5 seconds, the selected area will start working automatically.

Continue pressing to cycle through airbags when the last area finishes, it returns to the first.

5. Adjust Massage Strength

- Use the Strength buttons — / + to select intensity.
- 5 levels available in each mode.

5. Note

- The device will run for the set timer (10, 20, or 30 min).
- You can stop at any time by pressing the Power button.
- In case of emergency, remove the host from the cloth cover to stop use immediately.

Product does not turn on	<ul style="list-style-type: none"> - Check if the battery is charged. Ensure the Power button is pressed correctly. - Confirm that the massage head/control unit is installed properly.
Product does not charge or display lights	<ul style="list-style-type: none"> - Make sure the Type-C charging cable is securely connected to the Control Unit's charging port. - Verify that the adapter and cable are working properly.
Product stops suddenly during use	<ul style="list-style-type: none"> - Battery may be low recharge before use. - The preset timer (10 / 20 / 30 minutes) may have ended. - If the issue continues, stop using the product and contact customer support/service center

PORTRONICS

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